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FixxGlove®
night splint

- Instruction manual -



FixxGlove® classic plus



FixxGlove® classic



FixxGlove® V super plus



FixxGlove® super plus

The first comfortable nocturnal splint support glove
for patients with Dupuytren's contracture.



Dear customer,

Thank you for placing your trust in a **FixxGlove®** product.

We are certain that you won't regret your decision to purchase this high-quality medical product. Your satisfaction is our top priority, which is why we subject all our products to stringent quality control procedures. If for any reason you are not satisfied with your purchase, please contact the retailer who sold you the product. We are known for our unbureaucratic solutions.

Please read these instructions carefully, and contact your physician or specialist retailer should you have any questions.

Important information

This product must be applied and fitted for the first time by a trained specialist or a physician only, otherwise we assume no liability for the product. An important aspect in this connection: For all *Fixxglove®* models in which the metal splint is fitted to the flexor side, this metal splint must be adjusted to fit by flexing the hand and finger surface. A slight flexion in the metacarpophalangeal joints is advisable.

This is a prescribable product that should be worn in line with your physician's instructions. Furthermore, it should be worn only in accordance with the guidelines contained in these instructions and only for the specified purposes.

This product is intended for use by the patient only and is not suitable for use by others.

The product may not be altered in any way, otherwise its performance may be impaired. In such an instance, or in the case of incorrect application or inappropriate use, we assume no liability for the product.

Should you notice any unusual changes to yourself (e.g. increased discomfort, swelling, skin changes, etc.), please consult a physician immediately.

This product may be used in conjunction with other products only after consulting the physician.

Ensure that the product does not come into contact with fatty or acidic substances, ointments or lotions.

A warranty is provided in line with the statutory provisions.

This product may be disposed of without problems with the normal household waste. However, when doing so, please observe any official requirements that may apply in your region.

For details on how to return the packaging for recycling purposes, please consult the information provided by your retailer.

FixxGlove® classic

for three digits, external splint, made of non-washable leather

FixxGlove® classic plus

for three digits, external splint, made of washable Spantex, zip fastener, removal aid

FixxGlove® super plus

for three digits, internal splint, made of washable Spantex, zip fastener, removal aid

FixxGlove® V super plus

for five digits, internal splint, made of washable Spantex, zip fastener, removal aid

Product description:

High-quality glove made of highly breathable material with plastic-coated, adjustable aluminium plate; with *Quickpull* removal aid (*Fixxglove® classic plus / super plus / V super plus*) and Velcro closure for easy removal of the support splint

Purpose

The product serves the purpose of splinting all joints of the small, ring, and middle fingers – in the *FixxGlove® V super plus* all four fingers plus the thumb – in the extended position with the aim of stabilising and/or improving finger mobility following surgical / non-surgical treatment (fasciectomy, percutaneous needle fasciotomy (PNF), etc.) and for the prevention of recontracture in the presence of Dupuytren's nodules that have not yet resulted in the formation of strings of tissue with an extension blockade.

Indications:

- Dupuytren's disease with surgically or non-surgically eliminated extension blockade in the finger joints (metacarpophalangeal / interphalangeal joints)
- Dupuytren's nodules that have not yet resulted in the formation of strings with an extension blockade

Therapeutic effect:

- Comfortable splint fixation of fingers during the night
- Skin-compatible finger immobilisation

Instructions for use

It is recommended to use the splint only at night, since the extension fixation of the fingers throughout the day may lead to a progressive stiffening of the finger joints. If no problems are experienced when the splint is worn at night, you should continue to wear it for four to six months, or even longer if necessary. Otherwise the treatment with the splint should be discontinued. *FixxGlove®* is not suited for initial splinting immediately after surgery. The fit of the splint is so tight that it does not provide space for wound-covering materials. This means that the splint can start to be worn only on the day following complication-free needle fasciotomy and at the earliest three weeks following surgical interventions. The glove splint should be worn only on completely dry and intact skin. It should not be worn at all in the presence of swelling of soft tissues.

Material:

- **FixxGlove® classic:** genuine natural leather
 - Internal cotton padding on the splint side
 - Adjustable, plastic-coated aluminium plate
 - Hygienic and soil-resistant
 - Skin-friendly
 - Non-washable; requires specialist leather care (remove splint first)
- **FixxGlove® classic plus/FixxGlove® super plus/FixxGlove® V super plus:**
 - Elastic Spantex on the back of the glove to ensure optimal fit
 - Fingers are made of hard-wearing Japanese synthetic leather with holes to provide for ventilation
 - *Airvent* – ventilated palm area
 - Wash at 30° (remove splint first)

Undesirable effects, risks associated with use, contraindications:

Assuming that the glove is used and worn in accordance with the instructions, no undesirable effects, risks associated with use or contraindications that affect the organism have been reported in connection with its use.

Should you have any queries, please ask your physician or pharmacist.

Selection, fitting, delivery

Please consult the measurements in the size chart below and select the corresponding product.

Upon receiving the product, please check that it fits correctly.

The orthosis is intended and suitable for use by the patient only and should not be passed on to other people.

Warranty

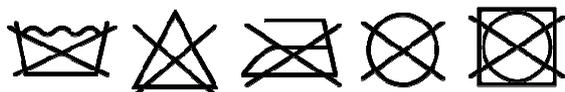
A warranty is offered in line with the statutory provisions, provided that the product has been used in accordance with the aforementioned conditions and the instructions for use, and has been used only for its intended purpose. You are expressly made aware that this also includes the condition that the product be used by one patient only.

Declaration of Compliance

We, **FixxGlove® Ltd.**, declare under our sole responsibility that our medical products – *FixxGlove®* night-time splint – conform to all the requirements of Directive 93/42/EC.

Product care

FixxGlove® classic (genuine natural leather):



do not wash, do not bleach, do not iron, do not tumble dry, do not dry clean

FixxGlove® classic plus / FixxGlove® super plus / FixxGlove® V super plus:



washable at 30°C (remove metal components first), do not bleach, do not iron, do not dry clean, do not tumble dry.



Fitting: U = circumference of the metacarpal section of the hand

Size table

Size	XS	S	M	L	XL	XXL
(U) cm	up to 18	18-20	20-23	23-25	25-27	more than 27

For the left hand / for the right hand

* Sizes XS and XXL are available only for the **FixxGlove® super plus**.

** Sizes S to XL are available for all types of **FixxGlove®**.

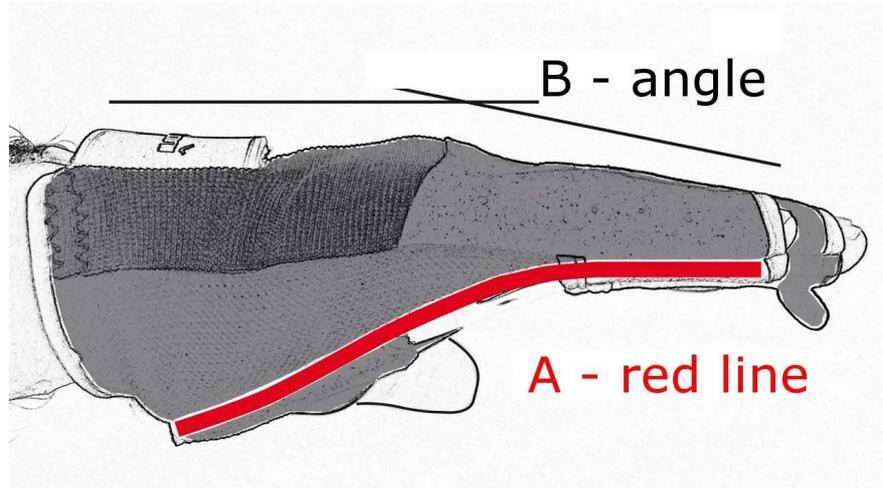
FixxGlove® super plus and V super plus handling advice:

In order to avoid hyperextension of the fingers the imbedded splint needs to be bent slightly.

Please bend the splint slightly according to the **red line illustrated below (A)**.

The result is a fixation of the fingers with a slight flexion in the metacarpophalangeal joints (approx. 10-20°, see angle (B) in illustration below).

For bending, the splint can be removed from the glove; it is also possible, however, and maybe even better to put the glove on and adapt the splint to the contour of the hand while wearing the glove.



Advice on how to put on the FixxGlove® V super plus model:

Experience has shown that the best procedure is to first insert the three-finger splint, then to put on the glove, and only then to insert the second splint for the thumb and index finger.

In the case that only the thumb and/or the index finger are affected, the three-finger splint can naturally be omitted completely. In this case it is advisable to first put on the glove without the splint, and only then to insert the splint for the thumb and index finger.

The following applies for all three-finger models:

Always insert the three-finger splint into the glove before putting it on – into the pockets provided on the back of the glove for the *classic* and *classic plus* models, and into the pockets provided on the palm side of the glove for the *super plus* model. Only then should you put the glove on.

arthroven GmbH

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